

## CURRICULUM INFORMATION PE STATEMENT

At The Prince of Wales School we regard PE as a crucial component of education. Our aim is to develop young people into well-rounded individuals who possess a positive attitude towards physical activity and competitive challenges. Learning in PE lessons focuses on developing a progression of key physical skills and the application of taught skills and tactics into a small game environment. Children are taught to develop balance, coordination and agility as well as an understanding of teamwork, tactics, independence and creativity.

Lessons cover a wide range of objectives in games, dance, gymnastics, athletics and outdoor adventurous activities. Lessons that run within these strands are aimed to be diverse and engaging for ALL pupils. Children in Year 3 and 4 participate in swimming lessons designed to enhance their water confidence and develop their proficiency in front crawl, breaststroke and backstroke.

Each class participates in three sessions of PE per week, in both indoor and outdoor learning environments. As well as traditional activities such as; football, gymnastics, and hockey, we also run lessons that focus on problem solving, team building and designing your own games.

Each class at Prince of Wales receives a PE specialist session once a week, who works alongside the teachers and children coaching and offering support and best practice to all.

We also offer a number of sporting clubs to further supplement pupil's curricular learning. These are run by members of staff and a PE specialist. The clubs include football, netball, bat and ball, basketball and tag rugby.

Throughout the year children are given the opportunity to take part in a wide range of sporting competitions with other schools in the local area. These competitions give the children a sense of pride as they represent their school as well as gaining a sense of competitiveness, teamwork, camaraderie and not always winning.